

# The State of Discipleship

What are we doing? How well is it working? With the help of Barna Group, The Navigators uncovered key insights into questions discipplers must ask on a regular basis.

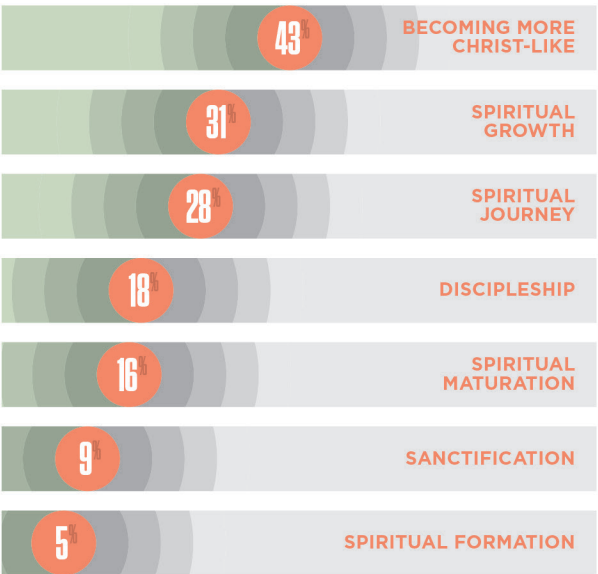
## What Is Discipleship?

“DISCIPLESHIP IS A LIFELONG PROCESS AND JOURNEY ROOTED IN A RELATIONSHIP WITH JESUS.”

(TOP-RANKED DESCRIPTION OF DISCIPLESHIP AMONG CHRISTIANS)

### HOW DO PEOPLE TALK ABOUT DISCIPLESHIP?

THE FOLLOWING ARE THE TERMS CHRISTIANS MOST PREFER FOR “DISCIPLESHIP”



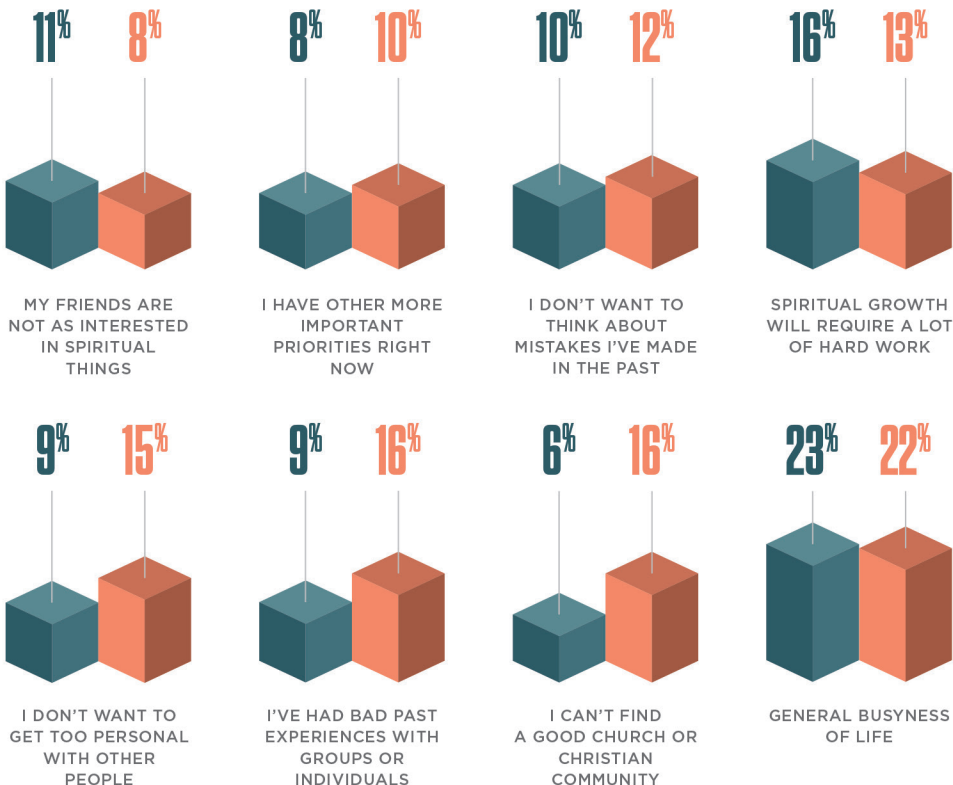
### I BELIEVE MY SPIRITUAL LIFE HAS AN IMPACT ON ...



## What Is Standing in the Way?

### TOP BARRIERS TO SPIRITUAL GROWTH

● PRACTICING CHRISTIANS ● NON-PRACTICING CHRISTIANS



### TOP 3 GOALS FOR DISCIPLESHIP

PASTORS AND LAYPEOPLE HAVE VERY DIFFERENT GOALS FOR DISCIPLESHIP

● CHRISTIANS ● PASTORS

1. LEARNING TO LIVE A MORE CONSISTENT CHRISTIAN LIFE
2. LEARNING TO TRUST IN GOD MORE
3. KNOWING CHRIST MORE DEEPLY



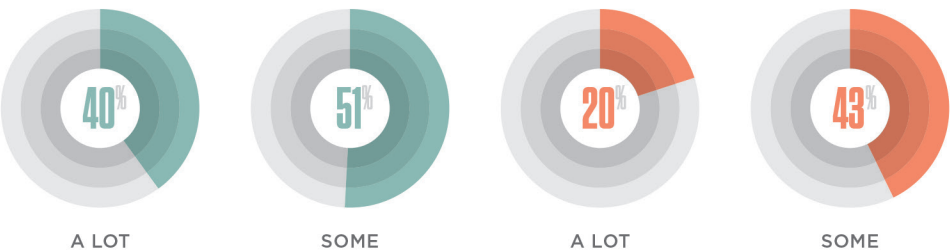
1. BEING TRANSFORMED TO BECOME MORE LIKE JESUS
2. GROWING IN SPIRITUAL MATURITY
3. KNOWING CHRIST MORE DEEPLY

## Are People Growing?



### HAVE YOU MADE PROGRESS IN YOUR SPIRITUAL GROWTH IN THE PAST YEAR?

● PRACTICING CHRISTIANS ● NON-PRACTICING CHRISTIANS



### TOP 3 REASONS CHRISTIANS WANT TO GROW SPIRITUALLY

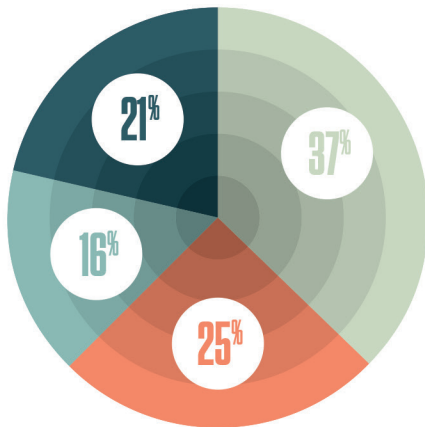


## What Is Working?

### HOW DO CHRISTIANS WANT TO BE DISCIPLED?

(AMONG THE 9 IN 10 CHRISTIANS WHO SAY SPIRITUAL GROWTH IS IMPORTANT)

● ON MY OWN ● WITH A GROUP ● ONE-ON-ONE ● MIX OF GROUP + ONE-ON-ONE



1 IN 3 CHRISTIANS IS LOOKING FOR ONE-ON-ONE DISCIPLESHIP.



1 IN 4 CHRISTIANS IS CURRENTLY BEING DISCIPLED BY SOMEONE.



1 IN 5 IS DISCIPLING SOMEONE ELSE.

### WHAT HAS BEEN MOST HELPFUL FOR YOUR SPIRITUAL JOURNEY?

1. REGULAR PRAYER
2. ATTENDING CHURCH
3. QUIET TIME
4. PERSONAL BIBLE STUDY
5. GROUP BIBLE STUDY
6. MEDITATING ON SCRIPTURE
7. A SPIRITUAL MENTOR